

Wolf Pack WARRIOR



Vol. 20, No. 25

8th Fighter Wing, Kunsan Air Base, Republic of Korea

July 29, 2005

NEWS BRIEFS

NCORP starts

The Air Force announced the start of the noncommissioned officer retraining program. This NCORP looks to retrain approximately 1,100 NCOs from overage to shortage Air Force Specialty Codes. Airmen are encouraged to volunteer for special duty assignments and shortage AFSCs. The voluntary phase of the program starts Monday and ends Oct. 14. A complete list of retraining-in opportunities will be available at local military personnel flights.

Wing Promotion Ceremony

The monthly promotion ceremony will be held at 4 p.m. July 29 in the Loring Club. All promotees must be in place by 2:30 p.m. with new stripes sewn on.

Change of Hours

Beginning in August, the 8th Medical Group will open at 9 a.m. on Wednesdays for unit physical fitness. The clinic hours for all other days remain the same.

Gangjin Cultural Festival

Wolf Pack members are invited to attend the Gangjin Cultural Festival at 9 a.m. August 5 in Gangjin County. Participants will have the opportunity to learn about the Korean culture, taste Korean food and learn to make mosaics. A bus will be available to take participants to the festival. To sign up, contact Mrs. Rosemary Song at 782-5194 or via e-mail at songae.song@kunsan.af.mil.

Public Affairs Tour

A Public Affairs Cultural Tour is scheduled for Aug. 31 at the Jeonju Traditional Culture Center. Wolf Pack members have the chance to learn to play Korean instruments, make a traditional Korean meal and watch a classical art performance. To sign up, contact Mrs. Rosemary Song at 782-5194 or via e-mail at songae.song@kunsan.af.mil.

Fit to Fight Marathon

In support of the Fit to Fight program, Pacific Air Force officials are sponsoring four individual runners (two male and two female) for the 2005 Air Force Marathon on Sept. 17. Selected members will attend the marathon on permissive temporary duty status. Running tops, shorts and the entry fee will be provided. For more information, call Ms. Julie Fetters at DSN 448-3272.

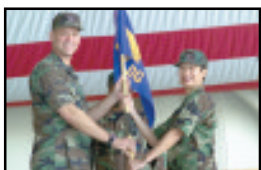


Photo by Senior Airman Katrina Shellman

FIT TO FIGHT

Colonel Lawra Lee, 8th Fighter Wing medical group commander, shares a laugh with Col. Chris Chambliss, 8th Fighter Wing vice commander, during their fitness test Monday morning. All of the group commanders, as well as Wolf and Wolf 2 tested Monday and passed as part of an ongoing emphasis on fitness. Squadrons are encouraged to participate in a fitness challenge Saturday. See story Page 3.

*In this
week's
issue ...*



**New Hawk ready to
provide Kunsan care**

See Page 5



**West Winds sees
league play**







See Page 7



**"E and E" Backshop
show inside their job**

See Page 8

Wolf Weather 6-day Forecast

Saturday  Hi/Low 86/72 Mostly Sunny	Sunday  Hi/Low 87/72 Isolated Thunderstorms	Monday  Hi/Low 86/73 Thunderstorms
Tuesday  Hi/Low 84/73 Thunderstorms	Wednesday  Hi/Low 86/73 Thunderstorms	Thursday  Hi/Low 88/73 Scattered T-Storms

PACAF celebrates 61st birthday

By General Paul Hester
Pacific Air Forces commander

Happy Birthday Pacific Air Forces. Aug 3, 1944, Far East Air Forces became part of the largest and most powerful military organization ever fielded by any country. Since that day 61 years ago, generations of remarkable Airmen and Air Force civilians have stood watch over the western shores of the United States and the Asia-Pacific region.

While PACAF's origins are rooted in war ... the command's legacy ... your legacy ... is founded on the patriotic spirit that swept our nation during WWII and the legion of men and women who have since served to preserve peace, and what we know as "the American way of life."

We can all be proud of PACAF's rich history and look forward to an exciting future. In years to come, PACAF bases will be home to new aircraft like the C-17, F/A-22 and Global Hawk. Our Airmen will continue to transform the way we command and control air and space forces, while taking a lead role promoting regional security through joint exercises and conferences with our Asian-Pacific partners. Your deeds...deeds you perform so well today, will define PACAF's future and your legacy.

As we mark more than six decades of service, America is proud to have every member of our PACAF family in her service. You are defining a great legacy as part of the world's greatest Air Force.

Thank you.

ACTION LINE

782-2004

action.line@kunsan.af.mil



Col. Brian Bishop
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number and a brief description of your problem or concern. You can also send an e-mail to 8 FW/CC Action Line.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Civ. Personnel Office.....	782-4570
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276
Medical Patient Advocate.....	782-4014
Network Control Center.....	782-2666
OSI.....	782-4522
Public Affairs.....	782-4705
Telephone Repair.....	119

Customs, courtesies: Does really it matter?

By 1st Lt. Juan Talamantes
8th Maintenance Squadron

Customs and courtesies. How important are they in today's Air Force? Do they serve a purpose or are they merely a formality?

As a former United States Marine and Air Force military training instructor it is easy to comprehend why we need customs and courtesies. They are the back bone of our military personality. They help the ranks differentiate between leaders, supervisors, and subordinates. However, has the proper display of Air Force customs and courtesies become outdated with our modernizing force, or is it still at the core of maintaining good order, discipline and esprit de corps within our Air Force?

Proper leadership and professional relationships inspire and reinforce compliance with customs and courtesies. Three major reasons Air Force members may be reluctant to enforce standards are fear of hurting other people's feelings, lack of education on the standards, and lack of proper motivation to maintain standards.

Have you ever failed to correct individuals because you didn't want to upset them or hurt their feelings? When we do this, it's because we

misunderstand our relationship with other Air Force members. Only in personal relationships would we expect people to become upset or hurt. If we maintain professional relationships, in and out of the work center, and administer corrective counseling in a professional manner, not only will counseling be easier to give, but others will be more receptive. Corrective counseling, if done professionally and without emotion, is not an attack and should not be taken that way.

How often have you failed to correct a possible breach of standards because you were unsure of the requirements? How can we effectively lead and manage our force and maintain good order and discipline if we don't know the rules ourselves? We must first know the rules ourselves in order to be sure Airmen are following standards. Lack of knowledge creates enough doubt that discrepancies are allowed to continue uncorrected, allowing discipline to gradually breakdown.

Finally, if we lack the motivation to enforce standards, we really need to re-evaluate our commitment and service to country. The Air Force, and everything it stands for, is a way of life, not merely a job. We can't pick and choose to follow the orders and

instructions we like and dislike. We have sworn an oath to uphold all of them.

The swearing of the oath to accept a commission or enlistment in the service implies a higher commitment to service and discipline than merely hiring on for a civilian job. Ask yourself why you took your oath and what your daily actions say about the oath you took.

In the words of my mentors, we are all members of the United States Air Force — the most dominant air and space fighting force in the world. The military is a way of life and a profession of arms requiring discipline and complete dedication to duty far beyond the requirements of any other occupation. Adherence to customs and courtesies is critical to maintaining the good order and discipline required to accomplish our peacetime and wartime missions.

Customs and courtesies are the foundation of our discipline, esprit de corps, morale and mission effectiveness. They establish the self-discipline each of us may call upon to make the ultimate sacrifice for our country. If you think this is an outdated mode of thinking for today's Air Force, you may want to reconsider your commitment to service.



LISTEN

Wolf Pack Radio
88.5 FM
WEEKDAYS — 5 TO 9 A.M., AND 3 TO 6 P.M.
REQUEST SONGS
AT 782-4373 OR
WWW.AFNKOREA.COM

LISTEN

To your leadership
EACH FRIDAY
FROM 8 TO 9 A.M.,
ON 88.5 FM

Have an interesting story, special hobby or unique job? Tell the Wolf Pack Warrior all about it. Submit story ideas to WolfPack@kunsan.af.mil or call public affairs at 782-4705

Vol. 20, No. 25
July 29, 2005

Wolf Pack
WARRIOR



'Defend the base, accept follow-on forces, take the fight North'

EDITORIAL STAFF

Col. Brian Bishop	Commander, 8th Fighter Wing
Capt. Richard Komurek	Chief, public affairs
Master Sgt. Brian Orban	Superintendent, public affairs
Staff Sgt. Erien Clark-Chasse	Chief, internal information
Senior Airman Juanika Glover	Editor

This special edition of the Wolf Pack Warrior is a funded Air Force newspaper and an authorized publication for members of the U.S. military services overseas. Contents of the Wolf Pack Warrior are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The editorial content is edited, prepared and provided by the 8th Fighter Wing Public Affairs Office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

SUBMISSION POLICY: Deadline for submissions to the Wolf Pack Warrior is noon Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the right to edit all submissions to conform to Air Force journalism standards, local style and available publication space. Submissions should be e-mailed to WolfPack@kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

HOW TO REACH US: People with questions, comments, suggestions or submissions can contact the public affairs office at: 8th FW/PA, PSC 2, Box 2090, APO AP 96264-2090. We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at 782-7568.

Fitness center offers PT challenge

By Senior Airman Juanika Glover
8th Fighter Wing Public Affairs

The Wolf Pack Fitness Center is hosting a Fitness Challenge Day, Saturday to bring a fun and competitive twist to the Air Force physical fitness test.

All squadrons are invited to enter the challenge and show they have what it takes to be 'fit to fight', said Staff Sgt. Don Slayton, 8th Services Squadron, fitness center noncommissioned officer in charge.

Sgt. Slayton came up with the idea of the Fitness Challenge to help promote fitness among Wolf Pack members.

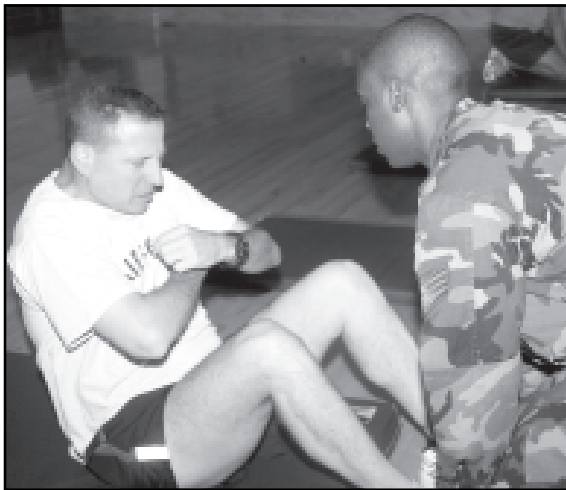
"I knew other bases had similar programs like this and I figured it would be great for Kunsan," Sgt. Slayton said.

The Fitness Challenge will be similar to the actual fitness test, but a lot more competitive.

It will consist of a one minute push-up, one minute sit-up and a 1.5 mile run. Each team will consist of three members with at least one female on each team. All team members will have to complete each event to qualify to win.

Sgt. Slayton said the competition begins at 9 a.m. Saturday at the basketball court in the fitness center.

Sign up ends Saturday at 9 a.m. To register call the fitness center at 782-4026.



ABOVE: Chief Master Sgt. Kevin Ludwig, 8th Fighter Wing command chief, pulls his way up for top scores in sit-ups during the Kunsan leadership physical fitness test (day). RIGHT: Col. Brian Bishop, 8th Fighter Wing commander, hits the flightline for the 1.5 mile run. All the Wolf Pack leadership came out to take their physical fitness test. They all passed with flying colors.



North Korea says nuclear-free peninsula is goal

Six-way talks on Pyongyang's nuclear ambitions resume after 13 months

Courtesy the Associated Press

BEIJING - North Korea's envoy to international disarmament talks said recently that banning atomic weapons on the Korean Peninsula was the main issue for the revived negotiations, while the United States maintained that it had no intention of invading the communist nation.

The talks are the fourth such six-nation negotiations, which also include China, Japan, Russia, South Korea and the United States. They are reconvening after a 13-month boycott during which the North refused to attend, citing "hostile" U.S. policies.

"The fundamental thing is to make real progress in realizing the denuclearization of the Korean Peninsula," North Korean Vice Foreign Minister Kim Kye Gwan said at the opening session of the talks in Beijing.

"This requires very firm political will and a strategic decision of the parties concerned that have interests in ending the threat of nuclear war," he said. "We are fully ready and prepared for that."

Pyongyang agreed to return to the talks following a meeting ear-

lier this month between Kim and the main U.S. envoy, Assistant Secretary of State Christopher Hill, who reassured North Korea that Washington recognized its sovereignty.

U.S. repeats 'no intention' to attack N. Korea

On July 19, Hill repeated his assurances.

"We view (North Korea's) sovereignty as a matter of fact. The United States has absolutely no intention to invade or attack" North Korea, Hill said in opening remarks.

Unlike previous rounds, no end date has been set for the resumed negotiations. Hill said his delegation would remain in Beijing "so long as we are making progress in these talks."

All three previous rounds — the last in June 2004 — were limited to three days.

"We do not have the option of walking away from this problem," Hill said.

Hill also said the U.S. would address the North's security and energy concerns after the nuclear issue is resolved.

"Nuclear weapons will not make (North Korea) more secure," he added. "And in fact, on the contrary,

nuclear weapons on the Korean Peninsula will only increase tension in the region."

Neither the North Koreans or the Americans offered any new proposals or concessions in their opening comments. South Korea's envoy, Deputy Foreign Minister Song Min-soon, repeated his nation's offer of electricity aid to the North if it agrees to disarm.

The latest nuclear standoff with North Korea erupted in late 2002, when U.S. officials accused the communist nation of running a secret uranium enrichment program in violation of an earlier agreement between the two countries.

Since then, the North has pulled out of the Nuclear Nonproliferation Treaty and taken steps that would allow it to harvest more radioactive materials for atomic bombs.

In February, the North publicly claimed it had nuclear weapons, but it has not performed any known tests that would confirm it can make them.

North Korea has demanded aid, a peace treaty with Washington and diplomatic relations in exchange for giving up nuclear development. It wants aid in exchange for freezing and then scrapping the program.

The United States says it will not offer concessions until the program is permanently dismantled.

In a departure from previous meetings, Hill met his North Korean counterpart ahead of the official opening of the talks.

Another matter: Japanese nationals

The negotiations have been complicated by Japan's insistence on also settling the issue of Japanese citizens abducted by the North's spy agency. Tokyo's envoy, Kenichiro Sasae, said that his country is "unwaveringly committed" to eventually normalizing relations with Pyongyang but did not directly say if he would raise the issue of the abductions.

"Outstanding issues of concern such as nuclear missiles and abduction issues should be resolved in a comprehensive manner," he said.

South Korea's main delegate appeared to issue a warning Tuesday to Japan not to veer from the talks' aim of eliminating the North's nuclear programs, saying it would be undesirable "to take up issues that would disintegrate the focus of the talks."

Cultural Corner

Did you know?

The Korean alphabet, called Hangeul, is considered to be one of the most efficient alphabets in the world and was created in 1446 by King Sejong during the Joseon Dynasty (1392-1910). The alphabet was given the name Hunminjeongeum, which literally meant "the Correct Sounds for the Instruction of the People."

King Sejong deplored the fact that the common people, ignorant of the complicated Chinese characters that were being used by the educated, were not able to read and write. Thus, upon the creation of the Hangeul alphabet, King Sejong proclaimed:

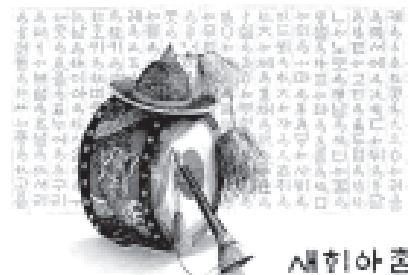
"Being of foreign origin, Chinese characters are incapable of capturing uniquely Korean meanings.

Therefore, many common people have no way to express their thoughts and feelings. Out of my sympathy for their difficulties, I have invented a set of 28 letters. The letters are very easy to learn, and it is

my fervent hope that they improve the quality of life of all people." The statement demonstrates the essence of King Sejong's determination and dedication to cultural independence and commitment to the welfare of the people.

When first proclaimed by King Sejong, Hunminjeongeum had 28 letters in all, of which only 24 are in use today. Hangeul consists of 14 consonants and 10 vowels. The combination of a consonant and a vowel forms a syllable and thus, Hangeul is capable of creating thousands of words and expressing virtually any sound.

Information courtesy of the Korean Overseas Information Service.



Air Force changes fitness test criteria

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON — Air Force officials are making a few changes to the physical fitness test used to assess the fitness of Airmen.

In January 2004, the Air Force underwent a major change in the way it looked at fitness. As part of the Fit to Fight program, the service adopted a more stringent physical fitness assessment that measures aerobic fitness, physical strength/endurance and body composition.

Now, 18 months into the program, senior leaders are ready to tweak the assessment to make it even better, said Lt. Gen. (Dr.) George Peach Taylor Jr., Air Force surgeon general.

“We have gotten together a group of scientists and done surveys asking folks if they like the assessment and are there issues with it,” Dr. Taylor said. “This last year we brought an update to Corona and are now in the middle of updating a few changes to the Air Force instruction that defines the fitness evaluation.”

Updates to AFI 10-248 will include a change in how body composition is measured, a new table for the running portion of the test that takes into account the runner’s el-

“My focus is not on passing a fitness test once a year. We are changing the culture of the Air Force and this is about our preparedness to deploy and fight.”

— **Gen. John Jumper**
Air Forces chief of staff

evation, and a change in the number of days an Airman must wait before retesting after having scored in the marginal category.

Under the original fitness evaluation, body composition scores were based on abdominal circumference only. The updated AFI will now direct that body composition also be measured using body mass index.

BMI is calculated by dividing weight in pounds by height in inches squared, and multiplying the result by 703. According to the Centers for Disease Control and Prevention, those with a BMI between 18.5 and 24.9 are considered to be normal. Those with a BMI of 25 or above are considered overweight.

Under the updated AFI, Airmen with a BMI of less than 25 will earn the full 30 points for body composition. For Airmen who score a BMI 25 and above, Dr. Taylor said the

results of the waist measurement would be used to calculate their test score.

“That will still be an important measure of their health,” he said. “Waist measure is closely related to increased risk for metabolic syndrome, diabetes, hypertension and heart disease. Fat distribution is the critical indicator, as opposed to weight.”

For those who score marginal, between 70 and 74.9 points, the Air Force plans to correct the time to retest at 90 days; currently, retest for marginal category is 180 days. This will be consistent with the retest time for poor scores, those less than 70. Changes to the AFI will also include adjustment for those at high-altitude installations. This applies to those at installations with an elevation of 5,000 feet or greater, Dr. Taylor said.

“We’ll use the formula for altitude calculations recommended by the National Collegiate Athletic Association,” he said.

The Air Force continues to look at ways to improve the fitness evaluation and remains committed to the Fit to Fight program, Dr. Taylor said, because the program has proven successful.

“Participation at fitness centers is up 30 percent now,” he said. “And if you go to the field, like in Iraq or Afghanistan, you will find a continued focus on health.”

The assessment is not the focus of the fitness program, but a tool to assess the commander’s fitness training program.

“I want to make very clear that my focus is not on passing a fitness test once a year,” said Gen. John P. Jumper, Air Force chief of staff, in his Oct. 17, 2003, Chief’s Sight Picture. “More important, we are changing the culture of the Air Force. This is about our preparedness to deploy and fight. It’s about warriors. It is about instilling an expectation that makes fitness a daily standard — an essential part of your service.”

Dr. Taylor said he hopes the changes to the AFI will be made by late August or early September.

When it comes to motorcycles, Airmen must be safe

By Master Sgt. Paul Heifner
8th Communication Squadron

While watching sports news a couple months ago I heard about a professional football player who had been in a motorcycle accident. He was a novice rider who had just purchased a new bike. The motorcycle he purchased was a Suzuki GSX-R750.

This motorcycle is capable of 135mph in the quarter mile and one rider said, “Second gear at 9000 RPMs is roughly equivalent to inhaling a triple espresso while having one finger in a light socket.”

Buying such a powerful

motorcycle was this individual’s first mistake. Instead of buying a bike to learn on he had purchased too powerful of a motorcycle for his riding skills. While practicing his riding in a college parking lot he lost control and hit a curb. Granted he was only traveling approximately 35 mph but it was still fast enough to be thrown over the handlebars of the motorcycle.

Luckily he was wearing a helmet however it was thrown off when he hit the ground because he didn’t have the strap fastened. Although he didn’t sustain any head injuries he did have

some internal injuries and a major knee injury that will cost him the upcoming football season.

As a result, he won’t be receiving a paycheck this season and he is required to pay back part of his signing bonus — somewhere around 4 million dollars. Being a new rider, he should have purchased a motorcycle that was more befitting a beginning rider. My advice is — before buying that big, new, powerful motorcycle, take the time to learn how to ride.

Know the motorcycle, know the roads, be aware of the conditions and also, don’t over-ride the lights at night.

Motorcycle Driving Tips

Follow these rules to remain safe on the road and remember to: Treat other motorists with courtesy and respect.

- ♦ **Avoid tailgating.**
- ♦ **Avoid riding between lanes of slow moving or stopped traffic.**
- ♦ **Know and obey traffic laws, including ordinances in your community.**
- ♦ **Avoid excessive noise by leaving the stock muffler in place or using a muffler of equivalent noise reduction.**
- ♦ **Use signals when appropriate.**

Most important, ensure to always wear a properly fastened helmet and reflective vest. The football player lost money and let down his teammates, he was lucky he

didn’t lose more — his life. Be safe when riding your motorcycles this summer. We are all needed by our family, friends and the Air Force team.

Summer rain brings mosquitos, repellent makes them leave

By Staff Sgt. Demetrius Best, Airman 1st Class Davann Lim,
8th Medical Group public health

Summer and monsoon season are here and unfortunately, so are the mosquitoes. Currently, the 8th Medical Group public health office is conducting mosquito surveillance throughout Kunsan with mosquito traps located on the north, south, east and west sides of the base. Once the mosquitoes are trapped, Public Health sends the specimen to Yongsan Army Post for identification.

Public Health will coordinate with 8th Civil Engineer Squadron entomology for mosquito spraying when there is evidence of increased mosquito activity in any area. In the meantime, Here are few tips on ways Wolf Pack members can protect themselves from insect troubles:

Do: Use insect repellent, such as OFF and DEET if spending long periods of time outdoors. Treating the battle dress uniform with Permethrin, an insect repellent, is also effective. If living in tent city,

use mosquito netting while sleeping to reduce chances of being bitten. Personnel going to the DMZ, especially in the summer months, are strongly encouraged to use some sort of insect repellent, because the DMZ is a high risk area for malaria.

Standing water is a perfect breeding site for mosquitoes. Filling these areas with dirt, can reduce the number of mosquitoes in the area.

Don’t: Scratch mosquito bites. By scratching the bite, it can cause the site to become swollen or infected.

Try numbing the site with ice to reduce the itching.

To combat the mosquito problem the base pest management shop recently began fogging for mosquitoes.

Although the type of chemical that is being used is relatively safe, Wolf Pack members should avoid direct contact with this pesticide.

For more information about the pesticide call pest management at 782-5295.

For more information about mosquitoes, their bites, or prevention contact public health at 782-4510.

Air Force Reserve seeks applicants for full-time duty

WASHINGTON — Air Force Reserve officials are looking for officers and enlisted people to fill full-time Active Guard and Reserve positions.

In the past 15 years, the number of slots has increased from 400 to more than 1,900 authorizations.

“We have opportunities in many specialties but a larger concentration in career fields such as security forces, combat rescue, intelligence, maintenance, space, pilot and personnel,” said Maj. Dawn Sutor, deputy director of the office of Air Force Reserve’s AGR management office. “Currently, Air Force Reserve Command’s hard-to-fill positions are in security forces, intelligence and combat rescue. We are actively seeking volunteers for these programs.”

Reservists in the AGR program serve under the authority of Title 10 of the U.S. Code and receive most of the benefits afforded to the active force. They qualify for an active-duty retirement, provided they attain career status and can serve 20 years active federal military service.

The program offers tours of duty on the Air Staff; AFRC headquarters at Robins Air Force Base, Ga.; Air Reserve Personnel Center headquarters in Denver; in AFRC units; and with other major commands.

Information about vacancies and application procedures, as well as more details on the program, is available on the AFRC Web site under job opportunities at www.afrc.af.mil/.

(Courtesy of AFRC News Service)



Photo by Senior Airman Joshua Garcia

Colonel Lawra Lee, 8th Fighter Wing medical group commander, stretches prior to her fitness test Monday.

Meet the Hawk — Here for Pack healthcare

By Staff Sgt. Erien Clark-Chassé
8thFighterWingPublicAffairs

Editor's Note: Col. Lawra Lee recently became the 8th Medical Group commander and sat down with the Wolf Pack Warrior staff to share her impressions of the base and its people.

Wolf Pack Warrior: Now you've had a chance to adjust to life in Korea, what are your impressions of the Wolf Pack and 8th Medical Group?

Colonel Lee: "When I look around here I wish that I had been assigned here as a lieutenant, because this place really is the epitome of why we are in the Air Force. I'd heard "tip of the spear" a lot throughout my career, but this is really it. Just walking around the base, I know there's a high level of professionalism everywhere! I just wish I had experienced this as a younger officer; I think it would have given me a better perspective of what I have been doing for the past 20 plus years. I'm enjoying being here."

Wolf Pack Warrior: What do you see as the major challenges facing the 8th Medical Group, and how will the group overcome these obstacles?

Colonel Lee: "One of the primary challenges I have is being able to provide 100 percent support to the Wing while making sure Group

members are able to balance their heavy on-duty schedules with their personal lives. I am absolutely confident in this Group's ability to meet any challenge head on. Also, a key challenge medical group commanders continually face is balancing our in-garrison and wartime readiness training requirements ... This is not an insurmountable challenge but it is a balancing act."

Wolf Pack Warrior: What course do you expect to set for the 8th Medical Group over the next 12 months?

Colonel Lee: "The number one big rock for all of us must be to support the Wing's mission. But for the medical group specifically we have the Medical IG [Inspector General] inspection and our civilian accreditation survey from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) both coming up in the spring. I like to distinguish the two this way: the IG inspect's to make sure we're mission ready. JCAHO surveys us on the basis of exactly the same quality of care standards used for our civilian counterparts. I need to mention that my predecessor, Colonel DesRosier, established some outstanding programs and a culture of excellence in this group. My goal is to sustain and improve all of those programs. I consider myself a very lucky commander."

Wolf Pack Warrior: How do you define your leadership philosophy?

Colonel Lee: "Lead, don't babysit! After as many years as I have been in you get gut feelings about the caliber of people that work with you. I have some incredibly talented and intelligent people working for me. My job is to ensure they have the tools and resources they need to do their jobs; then let them do it. I'm there to provide top cover, guidance, and advice, to watch people grow, and help them excel."

Wolf Pack Warrior: What advice do you have for your Airmen?

Colonel Lee: "Always give it your best efforts, on and off duty, ... do what is right because it is the right thing to do, not because someone is watching! I don't need to tell people to "work hard" because especially here, it's going to happen, but I want people to safely play hard, too. In my opinion there's not a job in the world worth burning out over. You need to strike a balance between work and off-duty time. I want to make sure people are doing that. ... Sometimes you just have to actually schedule "play time" on your calendar, and then stick to it. ... You're not doing anyone any good — yourself especially — by burning out."

Parting shots: Col. Lee

Family: "Husband of twenty-two years,

Mr. Gerald Bass, as well as two cats, Mami Kat and Purrface (who adopted Col. Lee and her husband) I also have a sister, Ms. Donna Killough, in Long Island. My mother and father, a retired Air Force Dental Corps Colonel, live near Santa Maria, California, just outside of Vandenberg AFB where my parents retired."

Hometown: "After growing up as a military 'brat' I claim home to be on the east coast and emphasize Maryland. "

Current books on her nightstand: "**Eats, Shoots and Leaves: The Zero Tolerance Approach to Punctuation** by Lynne Truss. A humorous look at the misuse of grammar, it's a good read before bed."

Favorite sports activity: "I like step aerobics and anything that does not require the use of equipment like bats or racquets ... bad eye-hand coordination. I also enjoy Alpine skiing — I want to experience that in Korea."

Favorite music group or performer: "This depends on my mood, I find that music for "Fit to Fight" training is a toss up between Billy Idol and Alice Cooper."

Pet peeve: "The curse of e-mail! We're losing our ability to confront coworkers when necessary, to staff issues correctly, and to just be able to look someone in the eye and engage in meaningful conversation. Too often, we think that once we hit "send" our responsibility to follow-through has been met. Not true at all. How familiar is this phrase: Didn't you read my e-mail?"

Personal secret: Her nickname is "Penguin."



FYI

Colonel Lawra Lee

Colonel Lawra A. Lee commands the 8th Medical Group at Kunsan Air Base, Republic of Korea. She's responsible for the healthcare services to 3,100 personnel and oversees the maintenance and readiness of \$17 million in war reserve medical assets at both Kunsan Air Base and Gwang Ju Air Base. Colonel Lee has functional command and control over all inbound medical forces during contingency operations in support of war fighting taskings at Kunsan Air Base.

The following are some of the colonel's additional career highlights.

1978

Administrator, services, and medical training program administrator; Air Force Regional Hospital, Carswell Air Force Base, Texas

1983

Director, patient affairs, commander, medical squadron section and medical readiness officer; Air Force Hospital, Griffiss Air Force Base, N.Y.

1993

Commander, 717th Contingency Hospital, Wiesbaden, Germany

1995

Deputy director, standards and organization, medical manpower division, Headquarters Air Force, Office of the Surgeon General, Bolling Air Force Base, Washington, D.C.

1998

Commander, 366th Medical Support Squadron, 366th Medical Group, Mountain Home Air Force Base, Idaho

2001

Commander, 39th Medical Support Squadron, and administrator and deputy commander, 39th Medical Group, Incirlik Air Base, Turkey

2003

Deputy commander and hospital administrator, 366th Medical Group, Mountain Home Air Force Base, Idaho

2005

Present, commander, 8th Medical Group, Kunsan AB, Republic of Korea

TODAY

Financial seminar — The Family Support Center’s weekly personal financial management briefing starts at 3 p.m. at Building 755, room 215. It’s geared for those in the E-1 to E-4 pay grades. No registration required.

Karaoke night — The Falcon Community Center’s karaoke night runs from 8 p.m. to 2 p.m.

Club events — The Loring Club’s super social hour starts at 6 p.m.

Late nighter — The Loring Club features its late nighter event in the ballroom and lounge.

SATURDAY

Fit to fight — The fitness center is holding a Fit to fight tournament starting at 9 a.m. and includes push ups, sit ups and the mile and half run.

Game tournament — The Falcon Community Center’s Halo 2 tournament begins at 7 p.m.

Karaoke night — The Falcon Community Center’s karaoke night runs from 8 p.m. to 2 a.m.

SUNDAY

Bingo day — Bingo action starts at 2 p.m. at the Loring Club with the early bird game beginning at 1:45 p.m.

Sunday brunch — The Loring Club serves Sunday brunch from 10:30 a.m. to 1 p.m.

Dollar days — People can bowl for \$1 per game with 75-cent shoe rental at the Yellow Sea Bowling Center.

MONDAY

Pizza special — The Loring Club serves 50-cent pizza slices from 6 to 8 p.m.

Yellow Sea Bowling Center — Bowl for 50 cents per game with 50-cent shoe rental from 11 a.m. to 11 p.m.

Movie madness — The Falcon Community Center’s triple movie madness night starts at 7 p.m.

Pool tourney — The Loring Club’s nine ball pool tournament starts at 7 p.m.

TUESDAY

Open chess night — The Falcon Community Center holds open chess night starting at 7 p.m.

Magaritaville — The Loring Club hosts Magaritaville on the patio starting at 7 p.m. and

features drink specials, cheeseburgers and Jimmy Buffet music.

Yellow Sea Bowling Center — Ladies bowl for free starting at 6:30 p.m.

WEDNESDAY

Social time — The Loring Club’s super social hour begins at 6 p.m.

Adult comedy — The Loring Club offers the comedy of Jeff Justus and Rich Brown starting at 7 p.m.

Reunion briefing — The Family Support Center’s return and reunion briefing starts at 3 p.m. in the Health and Wellness Center classroom at the Wolf Pack Fitness Center.

This mandatory briefing addresses challenges of challenges facing single and married military members preparing to return to their families.

Yellow Sea Bowling Center — Bowl for 75 cents per game.

Karaoke night — The Falcon Community Center’s karaoke night runs from 8 p.m. to midnight.

THURSDAY

Fooseball tournament — The Falcon Community Center’s fooseball tournament begins at 7 p.m.

Chicken Monterrey — The Loring Club serves chicken Monterrey from 5:30 to 8:30 p.m.

Orphanage visit — The Family Support Center’s weekly Korean orphanage outing leaves the military personnel flight parking lot at 6:15 p.m. The weekly outings give base people a chance to interact with local Korean orphans. To register, call 782-3772 or 782-5644.

Dollar day — Bowl for \$1 per game at the Yellow Sea Bowling Center.

Language class — The Family Support Center offers a basic Korean language class from 5 to 7 p.m. in Bldg. 755, Room 215.

UP ‘N’ COMING

Birthday celebration — The Falcon Community Center’s ONSB birthday celebration is Aug. 16 at 7 p.m.

To submit events for 7-Days, send an e-mail to 8 FW/PA WolfPack@kunsan.af.mil. Submissions are due by noon Thursday one week prior to publication and must include time, date and location or the event and the contact’s daytime phone number. For more information, call the base newspaper office at 782-4705.

MOVIES

“LAND OF THE DEAD”

Rating: R for pervasive strong violence, gore, language, sexuality and drug use

Staring: Simon Baker and Asia Argento

Synopsis: In a modern-day world where the walking dead roam, the living try to live normal lives inside a fortress city. To survive a group of soldiers must protect the living from the dead.

Show times: 7 and 9:30 p.m. today and Saturday

“THE PERFECT MAN”

Rating: PG for mildly suggestive content

Staring: Hilary Duff and Heather Locklear

Synopsis: Holly comes up with a plan to help her mother get some self-esteem by creating an imaginary secret admirer to romance her mother. The ruse might keep her from seeing the real perfect man when he comes along.

Show times: 6 and 8:30 p.m. Sunday and 8 p.m. Tuesday

“CHARLIE AND THE CHOCOLATE FACTORY”

Rating: PG for quirky situations, action and mild language

Staring: Johnny Depp and Freddie Highmore

Synopsis: Charlie Bucket, a boy from an impoverished family who live near a giant candy factory, finds a ticket that earns him a free tour of the factory given by eccentric Willy Wonka and his staff of Oompa-Loompas.

Show times: 8 p.m. Wednesday and Thursday

CHAPEL SERVICES

CATHOLIC SERVICES

Daily Mass — 11:30 a.m. Monday through Thursday

Weekend Mass — 9 a.m. Sundays

Reconciliation — Monday through Friday by appointment, 4:30 p.m. Saturday, 8 a.m. Sunday

R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

PROTESTANT SERVICES

General Protestant worship — 11 a.m. Sunday

Contemporary praise and worship — 6 p.m. Sunday

Gospel service — 1 p.m. Sunday

Inspirational praise and worship service — 7:30 p.m. Friday

LATTER-DAY SAINT SERVICES

Weekly service — 3:30 p.m. Sunday

SONLIGHT INN

The Sonlight Inn opens from 6 to 10 p.m. Sunday through Thursday, 6 p.m. to midnight Friday and 6:30 a.m. to midnight Saturday. The chapel hosts several Sunday school and Bible study groups at the Sonlight Inn. For more information, call the chapel at 782-4300.

FREE CLASSIFIEDS

For sale — 1992 Hyundai Grandeur with automatic transmission, power steering, power windows, power locks, air conditioning, leather seats, tinted windows and good tires.

Car is Osan and Seoul capable, must sell, \$800 or best offer. Contact Capt Scott at 782-4646.

American Red Cross opportunities -- The base Red Cross station has volunteer opportunities in a variety of agencies on base. For more information, call the station at 782-4601.

WOLF PACK WHEELS SCHEDULE

OSAN AIR BASE SHUTTLE

Monday to Thursday — Leaves Kunsan at 7:30 a.m. and 1 p.m. Leaves Osan at noon and 6 p.m.

Friday — Leaves Kunsan at 7:30 a.m. and 3 and 6 p.m. Leaves Osan at noon and 10 p.m.

Saturday — Leaves Kunsan at 7:30 and 10 a.m. Leaves Osan at noon and 4 p.m.

Sunday — Leaves Kunsan at 7:30 a.m. and noon. Leaves Osan at noon and 5 p.m.

One-way tickets are \$12.50 for general Wolf Pack members or \$11.50 for Airman morale program members. Round trip tickets are \$25 or \$23 for Airman morale program members.

E-MART SHUTTLE

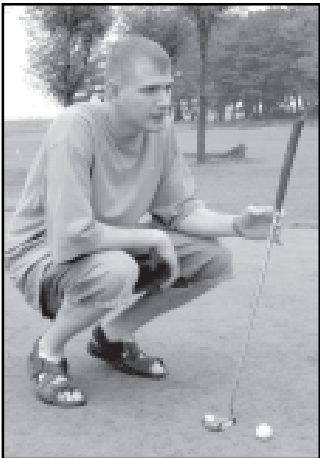
Saturday and Sunday — Leaves Kunsan at 10 a.m., noon and 2, 4 and 6 p.m. and leaves the E-Mart at 11 a.m. and 1, 3, 5 and 6:30 p.m. Round trip tickets are \$3.

INCHEON INTERNATIONAL AIRPORT SHUTTLE

Monday and Tuesday and Thursday to Saturday — Leaves Kunsan at 4 a.m. and 6 p.m. and leaves Incheon at 9 a.m. and 11 p.m. from Gate 11 at the airport. One-way tickets are \$27.50 or \$25 for Airman morale program members.

8th CES Airmen work their way to intramural golf title

GOLF STANDINGS		
ORG	WON	LOSS
8 LRS 1	9	0
8 CES 1	8	1
8 MXS	8	1
8 OSS	8	2
8 SFS	5	3
8 CES 2	5	4
8 CS	4	4
8 CS 3	2	4
8 AMXS	3	6
8 LRS 2	3	6
8 MOS	3	7
8 MXS-AMMO	3	5
8 CS 2	1	7
8 LRS-POL	0	4
8 SVS	1	3



Airman 1st Class Martin Pringle, 8th Civil Engineer Squadron, measures his shot and contemplates his next move. His squadron is currently 8 and 1 in the intramural league.



Photos by Staff Sgt. Raymond Mills

ABOVE: Staff Sgt. Jason Wintersteen, 8th Civil Engineer Squadron, puts the ball for an easy shot Saturday at West Winds Golf Course.

LEFT: Airman 1st Class Campos, 8th CES, goes long during a practice shot at West Winds Golf Course Saturday. He is one of three members of the 8th CES intramural golf team and they are currently in the top three of the league. If they continue with high scores they will qualify to enter the playoffs beginning Aug. 10.

GOLF PUTTING CONTEST

Come out and join Wolf Pack’s golf lovers for a putting contest 4 p.m. Aug. 6 at West Winds Golf Course. Qualifying dates are Wednesday and Thursday. There is a \$5 entry fee per qualifying attempt.
Prizes include: one set of Nike NDS irons, one set of fat cat iron set, one set of top flight advantage or one set of R2OC iron set.

SPORTS SHORTS

Unless noted, all events, games or classes are held at the Wolf Pack Fitness Center. For more information, call the center at 782-4026.

Martial arts class schedule

- Hapkido – 8 a.m. and 6:30 p.m. Monday through Friday
- Tang soo do – 6:30 and 11 a.m. and 7 p.m. Monday through Friday and noon Saturday
- Tae kwon do – 11 a.m. and 8 p.m. Monday through Friday
- Kung fu – 8 p.m. Monday through Friday

Aerobics class schedule

- Spin class – 5:30 a.m. Tuesday to Friday and 6 p.m. Monday to Thursday
- Step class – 5:30 a.m. Monday and Wednesday and 5:30 p.m. Tuesday and Thursday
- Cardio circuit training – 5:30 p.m. Monday and Friday
- Pilates – 5:30 p.m. Wednesday and 10 a.m. Saturday

Intramural Softball

- Home run derby -3 p.m. Aug. 6.
- All star game - 5 p.m. Aug. 6.

Fitness center events

- Chief vs. Eagles - 1 p.m. Aug 6.
- 4x100 meter freestyle swim - 10 a.m. Aug 13.
- 6 on 6 Soccer tournament - 10 a.m. Aug 13.
- Raquetball tournament - 9 a.m. Aug. 27 and 28.



UPCOMING EVENTS

- **Camping and hiking trip** - An overnight camping and hiking trip to Wolchulsan camp grounds is scheduled for Aug. 20 to 21. The sign up deadline is Aug. 17 at 5 p.m. The fee is \$90. Bring win, a change of clothes, flashlight, snacks, water, sunblock and a musical instrument (if possible) for night entertainment. The first 20 people to sign up will go. Required equipment will be issued. Arrive at the front of the outdoor recreation center at 5:45 a.m. Aug. 20.
- **Mountain biking trip** - A mountain biking trip to Seongju Mountain is scheduled for Aug. 27 at 7:45 a.m. The sign up deadline is Aug. 24 at 5 p.m. The trip cost \$40. Bring won for lunch, items you wish to buy and snacks. Bring plenty of water and appropriate sun block as well. The first 17 people to sign up will go. A safety briefing will be held at 7:45 a.m. in front of the outdoor recreation center.
- **Water skiing trip** - A water ski trip to Sapgyo Lare is scheduled for Aug. 13 at 7:45 a.m. The sign up deadline is Aug. 10 at 5 p.m. The trip cost \$90 and that includes a boat to water ski three times around the lake and a short ski lesson for beginners. Transportation will depart the outdoor recreation center at 7 a.m. and return at 5 p.m. Bring won, a change of clothes, snacks, water and sun block.

PRO WRESTLING

Armed forces entertainment presents a professional wrestling tournament 7 p.m. Aug. 18 at the base football field. In case of rain the match will be moved to the fitness center.

‘E and E’ — A small part of the big picture

Back shop proves vital to Kunsan’s mission

By MSgt Michael Wadkins
8th Maintenance Squadron

Sometimes it’s the smallest piece of the puzzle that can have the greatest impact on mission success. That’s the story of the 8th Maintenance Squadron’s electrical and environmental systems section, or “E and E” as they’re better known. Manned with only 14 people, they’re one of the smallest shops in the squadron but their mission certainly doesn’t reflect their size.

Every time a pilot takes a breath or flips a switch, they have these quiet professionals to thank. It’s a bold statement, for sure, but a true one. “We’re responsible for maintaining and repairing over 130 items, as well as performing a portion of the phase inspections,” said Tech. Sgt. Patrick Carter 8th MXS day shift supervisor. “We cover everything from batteries, liquid oxygen converters and servicing carts, liquid nitrogen servicing carts, halon bottles, life raft inflation and emergency oxygen cylinders, not to mention nearly every control panel in the aircraft. It keeps us busy, but the diversity keeps it from becoming routine.”

The key to keeping a shop such as this running efficiently is training, and Staff Sgt. Joseph Ogden is the noncommissioned



Photos by Senior Airman Joshua Garcia

Staff Sgt. Joseph Ogden and Senior Airman Devin Boatwright, 8th Maintenance Squadron, works on a liquid oxygen converter at the electrical and environmental systems section here. The converter holds liquid oxygen and then converts it to gas so pilots can use it for breathing. The Airmen play a vital role in ensuring equipment used by pilots are safe and up to standards.

officer tasked with this job.

“With a turnover rate of nearly 100 percent every year, it can be hard to maintain a qualified workforce. We get new people coming from different backgrounds, other aircraft, and we need to get them up to speed quickly so they can be a productive member of the team. So, focusing on training has to be the number one priority

when they arrive,” Sgt. Ogden said.

Another invaluable member, and the person who’s been in the section the longest, is Mr. O, Yong Sung. Or better known as Mr. “O” to his co-workers, he is one of only 16 civilians working in the squadron and has been in the shop for nearly 20 years. The continuity and advanced experience that Mr. O provides are the main reasons the shop operates so smoothly. His original duty description included working all of the aircraft batteries that came through the shop. Throughout the last 20 years, he has received the necessary training to be considered a technical expert on all “E

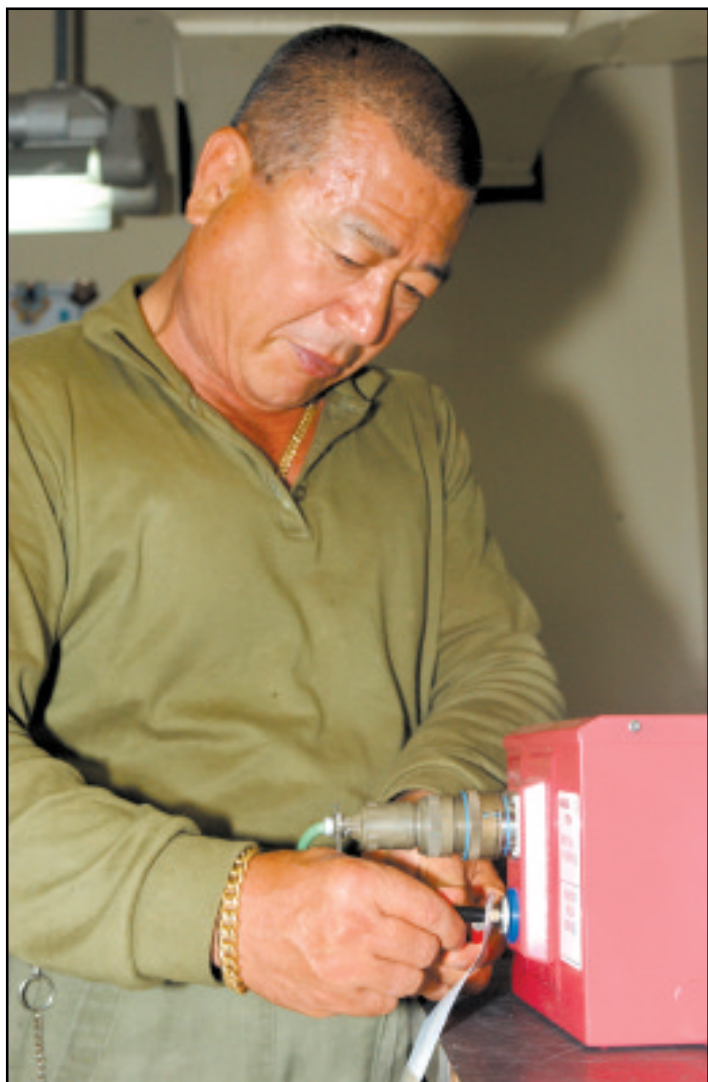
and E” maintenance systems.

He provides a lot of experience and training to the new people, as well as providing a vast amount of turnover and mentorship to the supervisors and section chiefs that rotate through on a regular basis. In addition to his contributions to the squadron, Mr. O is also very active outside the base, coordinating and conducting weekly hiking trips throughout the country.

A small shop with a big mission on a small base with an even bigger mission, that’s the best way to describe the “E and E” shop. They continuously provide everyday and this proves that every shop at

Kunsan doesn’t need big numbers to have a big impact on the Wolf Pack team.

Editor’s Note: This story is a highlight about a Kunsan ‘back shop’ that might have otherwise gone unnoticed. If you would like to submit a story, such as this one, about your shop, email WolfPack@kunsan.af.mil. The story can be in first or second person with no less than 350 and no more than 650 words. In the story, explain what your shop does, how they benefit the Kunsan mission and highlight at least two people in the shop. The story should contain at least one quote from the different people you’re highlighting.



ABOVE: Tech. Sgt. Patrick Carter, 8th Maintenance Squadron checks equipment at the electrical and environment shop to ensure everything is working properly. LEFT: Mr. O, Yong Sung tests a battery and checks a charge of flight system batteries. Mr. O has been with the “E and E” shop for 20 years.